

School / Faculty: Faculty of Health

Course Title: CONTEXT OF PRACTICE 6: NURSING PEOPLE LIVING WITH CHRONIC ILLNESS

Course ID: NURBN3020

Credit Points: 15.00

Prerequisite(s): Nil

Co-requisite(s): Nil

Exclusion(s): Nil

**ASCED Code:** 060301

**Grading Scheme:** Graded (HD, D, C, etc.)

### **Program Level:**

AQF Level of Program						
	5	6	7	8	9	10
Level						
Introductory						
Intermediate						
Advanced			~			

## **Learning Outcomes:**

On successful completion of this course the students are expected to be able to:

## **Knowledge:**

- **K1.** Analyse the bio-psycho-socio-cultural concepts of living with chronic conditions/illness for individuals, groups, communities and populations and discuss the strategies and interventions adopted within Australia to address the increasing prevalence of people living with chronic conditions/illness and the diverse needs of consumers;
- **K2.** Critically examine common chronic Illnesses and discuss the factors that influence the ability of individuals experiencing chronic disease, groups, communities and populations to live well in today's society;
- **K3.** Discuss the role of the nurse in the provision of care for people living with chronic illness and nursing practice across diverse settings including in-home and in the community;

### **Skills:**

- **S1.** Assess the factors that influence the ability of individuals, groups, communities and populations to live well with chronic illness in today's society;
- **S2.** Use best evidence to assess and meet the holistic health care needs of individuals, groups, communities and populations living with chronic illness;

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**S3.** Apply suitable model/s and clinical skills principles to resolve ethical issues relevant to care of individuals, groups, communities and populations living with chronic illness and meeting the needs of a diverse multicultural population;

## Application of knowledge and skills:

- **A1.** Analyse and interpret the impact of an increasing prevalence of people living with chronic illness within the population upon health care, nursing practice and government policy;
- **A2.** Demonstrate the ability to apply therapeutic personalised nursing care for people living with chronic illness who experience increased complexity and diversity of health care needs within Australia; and
- **A3.** Evaluate the significance of mental health, health literacy and consumer participation to the whole of person health.

#### **Course Content:**

NMBA – Registered Nurses Standards for Practice (2016); NMBA Code of Professional Conduct for Nurses (2013) and NMBA Code of Ethics for Nurses (2013) have been considered in the development of the content of this course. Utilising Inquiry Based Learning (IBL) this course will incorporate a Lifespan Approach to course materials and specific case based examples to address Australian Commission on Safety and Qualityin Health Care, Clinical Care Standards (2015).

### Topics may include:

- Major factors which contribute to chronic illness
- Chronic conditions/illness concepts including attitudes towards health and wellness, disability and perceptions of people experiencing chronic illness including stigma
- Chronic illness populations epidemiology, demography, community indicators, impacts and responses
- Government policies, legislation and strategies for an increasing prevalence of people living with chronic illness within the Australian population
- Common chronic health conditions experienced by individuals, groups, communities and populations
- Nursing assessment of the bio-psychosocial and cultural care needs of people living with chronic illness
- Identifying health and nursing care needs of people living with chronic illness, their caregiver, family and the wider community
- Pharmacological and non-pharmacological care and treatment interventions for chronic illnesses experienced by individuals, groups, communities and populations
- Issues related to people living with chronic illness including: ethics, law, poly-pharmacy, grief, loss,

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bereavement, abuse, neglect, restraint, end of life decisions, relationships, family dynamics

- Service and assistance availability for people living with chronic illness including support in the home, community, and facility-based settings
- Collaboration with people living with chronic illness, their caregiver, family and the wider community and the interdisciplinary/multidisciplinary health care team
- Contemporary nursing practice approaches to people living with chronic illness
- Best practice and specialist competencies in caring for people living with chronic illness
- Care of self healthy lifestyle and balance, self-management
- Palliative care, end of life, advanced care planning, consumer participation.

### **Values and Graduate Attributes:**

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens. These have been applied to nursing context below;

## **Nursing Graduate Attributes:**

The Bachelor of Nursing is a graduate capabilities outcomes-based curriculum. This course develops and/or assesses the following Federation University Australia and Registered Nursing Graduate Capabilities and the NMBA Registered Nurse Standards for Practice (2016).

Federation University Graduate Attributes	Registered Nurse Graduate Capabilities	Introductory (Introduced)		Advanced (Taught)	Assessed
Responsible, ethical, engaged Social/cultural perspectives Local/national/international communities	Professional and ethical decision maker			<b>,</b>	•
	Politically astute, situational leader and citizen		<b>,</b>		
	Socially and culturally aware agent for change		<b>y</b>		
Critical, creative and enquiring Problem solver Ongoing learning	4. Critical, reflective thinker adept in clinical reasoning			<b>/</b>	v
	5. Creative problem solver			<b>/</b>	1
	6. Life-long researcher			·	1

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Capable, flexible and work ready Communication skills Independent & collaborative worker	7. Skilled therapeutic Communicator		•	
	8. Capable Inter- Disciplinary Healthcare Team Member		•	
	<ol><li>Competent, caring, safe and professional practitioner</li></ol>		•	•

#### Values:

**V1.** Appreciate the impact of an increasing prevalence of people living with chronic illness, upon health care, nursing practice and government policy.

## **Learning Task and Assessment:**

## **Planned Student Learning Experience**

A 15 credit point course will involve a minimum of 150 hours of learning. For every one hour of teacher directed learning there will be a minimum of two hours of student/learner directed learning. The *Teacher-directed* hours of student learning in this course will be experienced primarily through teaching innovations like interactive technology enhanced lectures, class discussions, audio-visual presentations, flexible blended and on-line learning, low and high fidelity simulations, exploration of case studies and inquiry-based learning. Active participation is encouraged during class sessions. Attendance at all clinical placement and laboratory sessions is compulsory.

Learner-directed hours will include focused learning activities, simulated laboratory learning, practice and reflection on practice, and role modelling. Students are expected to access electronic research databases and use computers to facilitate learning.

Learning Outcomes Assessed	Assessment Task	Assessment Type	Weighting
K1, K2, K3, S1, S2, S3, A1, A2, A3	Critical analysis of a current Australian health care strategy for people living with chronic illness meeting the needs of a diverse multicultural population	Debate	40-60%
K1, K2, K3 ,S2, S3, A2, A3	Review of foundational concepts integral to working with people who live with chronic illness	Online Activities/Test	40-60%

## **Adopted Reference Style:**

APA